

FOR IMMEDIATE RELEASE

Contact: Rose Walters, Office Manager & Communications Associate
Pottstown Area Health & Wellness Foundation
rosewalters@pottstownfoundation.org• 610-323-2006 x21

POTTSTOWN AREA HEALTH & WELLNESS FOUNDATION AWARDS OVER A MILLION DOLLARS IN FALL 2017 GRANT ROUND

Pottstown, PA – December 6, 2017 – The Pottstown Area Health & Wellness Foundation has awarded \$1,048,204 in grant requests during the fall grant round of fiscal year 2017-2018 to 30 non-profit organizations, schools and municipalities.

"These programs play a vital role in championing health and wellness in the community, fulfilling the mission of the Foundation," Foundation President Dave Kraybill said.

Grant requests are submitted based on the following priority areas:

1A: Promoting healthy living through nutrition, activities and programs in public and private schools to reduce obesity and encourage healthy living

1B: Improving parks, programming and the built environment to increase access to physical activity

1C: Creating and promoting social networks involving healthy living

- 2: PHYSICAL AND EMOTIONAL HEALTH
- 3: STRENGTHEN NON-PROFITS

The following list identifies the 30 organizations receiving funding during the Foundation's most recent grant round:

PRIORITY #1A: Promoting healthy living through nutrition, activities and programs in public and private schools to reduce obesity and encourage healthy living (\$20,000).

Pine Forge Academy - Four-H (Health, Hands, Head & Heart) Project

Pottstown Area Health & Wellness Foundation Funding - Page 2

PRIORITY #1B: Improving parks, programming and the built environment to increase access to physical activity (\$100,000).

Colebrookdale Railroad Preservation Trust- Community Recreation Center in Memorial Park

PRIORITY #1C: Creating and promoting social networks involving healthy living (\$664,915).

Centro Cultural Latinos Unidos Inc- Distress to De-Stress & Beauty

Developmental Enterprises Corporation/Pottstown Training Center- Healthy Eating, Healthy Living

Family Services of Montgomery County- Building Resilience Among Young Parents

Meals On Wheels of Chester County Inc.- Assistance in purchasing meals for needy, homebound individuals in Spring City

Pottstown Area Police Athletic League- Pottstown PAL

Pottstown Athletic Club- Fitnesstown USA III

Pottstown Cluster of Religious Communities- Building a Healthy Community

Pottstown Downtown Improvement District Authority- Pottstown FARM

Preservation Pottstown Inc- Mosaic Community Garden 2018 Application

Rockstar Roller Derby- Venue & Equipment Upgrades

Schuylkill River Athletic Club- C.R.E.W. Community Recreational Water athletics program

The Pennsylvania State University- Custom Module Development for Trauma Awareness Training

TriCounty Active Adult Center- Prime Time Health *

Wellness Council of Boyertown- Continuing to Create a Culture of Wellness

YWCA Tri-County Area- Strategic Plan Implementation Year

PRIORITY #2: Funding programs for physical health and emotional well-being (\$225,789).

Camphill Village Kimberton Hills- Aging in Community Program*

Pottstown Area Health & Wellness Foundation Funding - Page 3

Carson Valley Children's Aid- Women's Voices/Healthy Choices

Child Advocacy Center of Montgomery County, d/b/a Mission Kids- Fostering Resiliency through Family Advocacy*

Garrett The Grand - Batten Fighter- Get out and play, motivating families with disabilities to run and bike.

Health Care Access- Health Care Access Programs

Maternity Care Coalition- Pottstown Area Early Head Start and Parenting Initiative*

Montgomery County Community College Foundation- Dental Sealant Project

Spring-Ford Counseling Services- Signs of Suicide*

Triskeles- Food For Thought (FFT) & Expansion Planning

Visiting Nurse Association Community Services, Inc. (VNA) - Personal Navigator Program with Expanded Legal Support*

PRIORITY #3: Funding learning opportunities and strategic planning to strengthen non-profits (\$37,500).

Royersford Outreach, Inc. - General Operating Funds for Building and Program

The Erik Foundation- Marketing and Branding Campaign

TriCounty Area Chamber of Commerce Foundation Inc- Worksite Wellness Initiative

*Identifies organizations who received grant funding from the Pottstown Area Health & Wellness Foundation East Auxiliary.

About the Foundation: The Pottstown Area Health & Wellness Foundation's (PAHWF) mission is to enhance the health and wellness of area residents, providing education, funding and programs that motivate people to adopt healthy lifestyles. Visit www.pottstownfoundation.org for more information about the Foundation. Discover Pottstown area's online community, Mission Healthy Living, an initiative of PAHWF, to learn and share great information on how to lead a healthier life. You can also follow the Foundation on Facebook, Twitter, Instagram, LinkedIn, Pinterest and YouTube.